

# Kristen Hester



## Kristen's Bio

Kristen Hester is passionate about providing a service largely focused on professional development, mentoring women and speaking on topics that propel others towards change and enlightenment.

With over 8 years of experience serving as a professional educator and public speaker, Kristen has developed her skills to a highly reputable standard with the influence of powerful teachers, speakers and mentors helping to achieve her vision and goals.

**Her mission:** To empower others in the same way that people have unselfishly empowered her.

**Her work ethic:** To provide a punctual, professional, trustworthy service full of enthusiasm and commitment.

Through online classrooms, Kristen teaches college courses in Media, Philosophy and Ethics. She provides encouragement and motivation to her students through "virtual speaking" combined with the tools for success that are not only useful in her class, they are also transferable into everyday life.

## Popular Speaking Topics



### Transforming Your Goal Into a Reality

FOCUS on what you can do now to accomplish your goals sooner than you first thought.



### It's NOT Over!

PERSEVERE and do not give up. Just when it may appear to be over, things are really only just beginning.



### The Best Lie Ever Told

BELIEVE in your hidden potential. Affirm yourself of your abilities and find that confidence from within.



### Get Hired Using Social Media

ACHIEVE that job or career you desire through the use of social media.

## 5 REASONS TO HIRE KRISTEN

- Fun and engaging speaker
- Subjects delivered with energy and passion
- Personable and professional approach
- Commitment to achieving results
- Encouragement, motivation and the desire to help others succeed

**BOOK KRISTEN TO SPEAK AT YOUR NEXT EVENT**

Visit [www.kristenspeaks.com](http://www.kristenspeaks.com) E-mail: [jortis@mail.com](mailto:jortis@mail.com) Phone: 404-759-6814